



PIXIE LILLAS SPRING RETREAT

Sunday 1st October – Saturday 7th October 2017

For the 11th consecutive year Pixie Lillas will run a retreat at the beautiful Kimi Ora Spa Resort - an idyllic setting looking out over the Tasman Sea.

The retreat is intended for Teachers, Trainees and experienced students of Iyengar yoga.

The Retreat Schedule:

<i>Sunday 1st</i>		<i>4-6pm Restorative</i>
<i>Monday</i>	}	<i>6.15-7am Pranayama</i>
<i>to</i>		<i>9- 11am Asana</i>
<i>Friday</i>		<i>4-6pm Inversions</i>
<i>Saturday 7th</i>		<i>finishes after brunch 11am</i>

Cost for accommodation , food & tuition:

\$1,650 share (studio)

\$2,130 own room (studio)

Please register by 10th May with \$300 (non-refundable) to secure your place. Full payment is due by 30th August.

Please pay online to ANZ account: 06-0122-0235676-00

Account name: Eira Kramer

For more info contact: Eira Kramer on eira@ihug.co.nz

or text/phone 021 161 4336

