JogWORKSHOP

Sue Everett Senior Level Logg Teacher

SEPTEMBER 2023 - Fri 22, Sat 23, Sun 24

Friday 6pm-7.30pm - Restorative Session

Sat + Sun 8am-11am - Asana Sessions + Rest & Breathe

YOGA ON THE SQUARE Palmerston North, NZ

ALL ENQUIRES + BOOKING

jyoteeka@hotmail.com / 0211497633

\$230 = full weekend\$200 = early-bird if paid in full 3-weeks before start date

