TEACHER DEVELOPMENT WITH SENIOR IYENGAR TEACHER MARLA APT

For current and aspiring yoga teachers



A workshop series to learn and refine teaching skills including effective demonstration and instruction as well as helping students with challenges and conditions. We will study, practice and learn how to sequence āsanas in the Iyengar Yoga syllabi.

> Monday 4 August 2025 4:30-6:30pm

> **Tuesday 5 August 2025** 9-12pm & 3-5pm

Wednesday 6 August 2025 8-10am & 11-1pm

\$375 early bird (by 31 May) / \$425 regular

Kula Muriwai

505 Oaia Road, Muriwai 0881 www.kulamuriwai.co.nz

Onsite catering and accommodation options available on request

Contact: kaye@kayeglamuzina.com or eirapunt@outlook.com