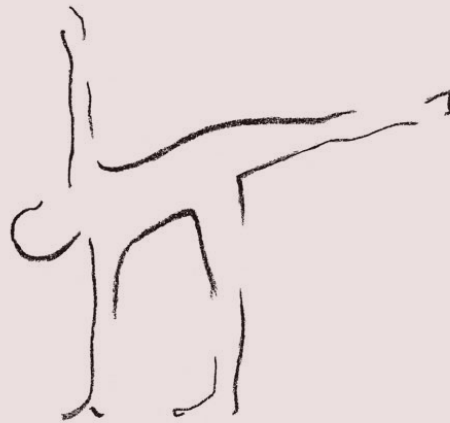


# The HUMAN BODY and YOGA ASANA



## Anatomy, physiology and yoga:

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## **Sue Hallas**

- Iyengar yoga practitioner 25+ years,  
Iyengar yoga teacher 20+ years,  
human A&P instructor 28+ years
- JI 2 (IYNZ certificate)
- CAT (certificate in adult teaching), PhD

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